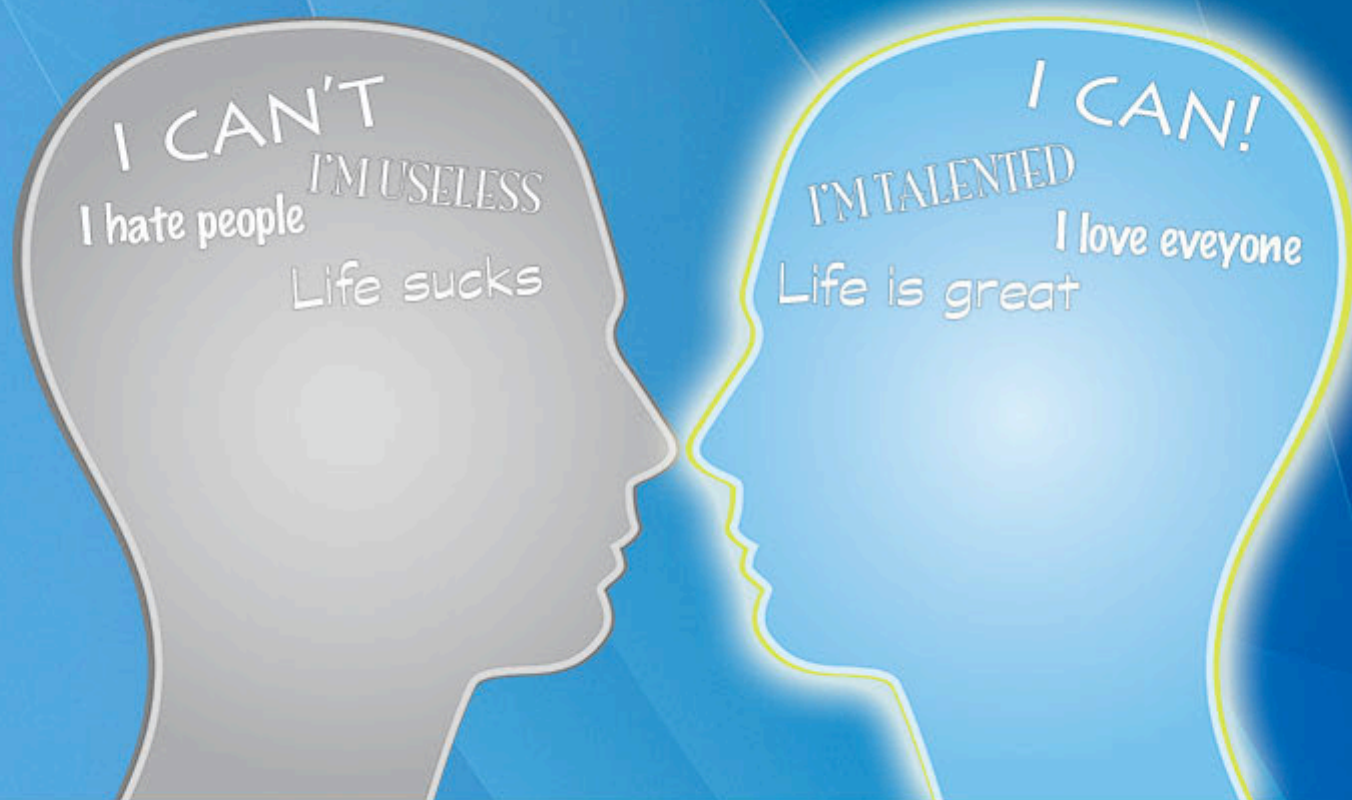


Change your self-talk... change your life!



THE ULTIMATE SELF-TALK SERIES

CD Transcript: Achieve Your Ultimate Goals

BRADLEY THOMPSON

Achieve Your Ultimate Goals Transcript

Program 1 – Morning

Start your day with total belief in yourself.

You are an amazing individual, capable of achieving every goal that you set out to accomplish.

Life is full of brilliant opportunities and you have the skills, confidence and wisdom to take such opportunities and create success.

Your goals are achievable and you work with determination, passion, commitment and dynamic energy to make them reality.

You are highly motivated and go after your goals with courage and ceaseless energy.

Believe in your abilities to accomplish what you set out to do.

Your talent shines like a beacon of light, bringing your goals ever closer to you.

Every day, you are closer to achieving your ultimate goals.

You have all the support and guidance that you need to make your goals a wonderful reality.

You have a strong sense of purpose. Your life is rich, meaningful and successful.

You understand the importance of living your dream and, each day, you take action to do just that.

Goal-setting enables you to focus on achieving your dream.

You are organized with a clear and active plan of action.

Believe that your life is full of opportunity for achieving your goals. Success is yours as soon as you commit to your plan of action.

You have a strong resolve and face challenges with courage, vitality and passion.

With a determined and focused outlook, you are able to achieve your ultimate goals and excel in everything that you do.

Your talents and abilities grow day-by-day.

To you, achieving your goals is within your capabilities.

You are completely worthy of achieving your goals. You work smartly to succeed and deserve your success.

You are truly brilliant and have a positive outlook on life.

Your goals are part of your achievable master-plan to live a wonderful, inspiring and meaningful life.

The time is now to achieve your goals.

You really can accomplish what you set out to do.

Your goals are healthy and you become more vital as you go about accomplishing your life's goals.

Focus on what needs to be done and just do it!

Every day, take the necessary steps that will enable your goals to become wonderful reality.

You work diligently but you always maintain the right balance so that your goals remain fun.

Enjoy achieving your goals!

Your life is already rewarding and special but you see the attainment of your ambitions as adding extra to what you have already achieved.

With a positive outlook and faith in your self, the rewards are within your reach.

Visualize your success every single day. Now imagine what it feels like to achieve your goals.

Recognize that you are fully capable of achieving your ambitions.

Your goals are fuelled by your incredibly strong passion, determination, motivation and vision.

Realize that your objectives in life are worthy of your full attention.

You are a great achiever.

Your goals are exciting and life-enriching. You relish each moment you spend working on your ambitions.

Day-by-day, your confidence grows stronger and you move closer to achieving your ultimate goal.

Every step you take is momentous.

You are bright, dynamic and wise. You have all the qualities you need to achieve your ambitions.

You know that achieving your ultimate goal is down to you and you also recognize that you are completely capable of changing your reality to fulfill your desires.

Every morning, you wake up with a true sense of your potential and you have the energy to make your dreams reality.

Greet the day with a positive outlook and visualize the accomplishment of your goals.

Believe in your self. You create your success.

Feel empowered as you work towards achieving your ultimate goal.

Know that you already possess all the qualities you need to accomplish your ambitions.

Be happy now and enjoy the journey that takes you to success.

Have confidence in your abilities. Believe that you can achieve whatever you set your mind to.

By focusing on your ambitions each day, you start creating your success.

Recognize that your ultimate goal is within your reach at all times and only requires your intent and action to realize.

Trust in your dreams and follow your plan.

Have faith in your intuition and make decisions which nurture your goals.

Realize that your life is more meaningful and fulfilling when you start following your ultimate goal.

Be authentic and live your dream.

You are full of energy and always have enough vitality to accomplish your life's objectives.

People are inspired by your dynamic aura and determined presence. You know exactly what you want from life and know just how to get it.

You are fearless and sometime audacious but always in the best possible way to accomplish your goals.

You lead with great courage and approach each day with incredible strength of spirit.

You realize that your ultimate success is the outcome of making the right plan and following up with right action.

To you, the journey towards achieving your objectives is what truly counts and you enjoy the experiences that each day brings.

Achieving your ultimate goal is always your choice. You have exactly what it takes to realize your dreams.

Be the happy, bright, successful and amazing individual that you already are. Draw on these strengths to achieve your ultimate success.

Love your life and enjoy working towards achieving your ambitions.

Understand that by staying focused, positive and abundant in your thoughts, you increase the right type of energy needed to accomplish your objectives.

Let go of limiting thoughts and embrace your goals with the joy of life.

Recognize that your life is full of brilliant opportunities. You know that you're worthy of great achievement and rewards.

You really can achieve your wildest dreams. Trust in your self at all times.

Be true to yourself and start living your dream.

Maintain a positive outlook and keep your goals firmly in sight.

You are entrepreneurial and can be successful in any career or business once you set your mind to achieving success.

Recognize that you can manifest the life you truly desire. Embrace your creative self and ensure that everything you do nurtures your true ambition.

Life is an amazing opportunity so capture every single moment to live your dream.

Be the amazing individual that you already are. Be confident, be bold and be your true self.

You have high self-esteem and are confident of your success.

You realize that attaining goals is entirely up to the individual and you also recognize that you're the type of dynamic person who can achieve your goals.

You work hard towards achieving your objectives but also manage to keep a balance in life.

Believe in your self as being totally capable of achieving your goals.

Embrace your goals fully. Be passionate about living your dream.

The more positive you are about life, the more opportunities open up to you. You embrace the positive in all that you do.

Intuitively, you know exactly what you need to do to make your dreams come true.

Day-by-day, you achieve the small goals that lead up to achieving your ultimate goal. The progress you make inspires and motivates you further.

You choose your life's purpose with wisdom and truth.

You like achieving your ambitions and enjoy the experience it brings.

Life is wealthier and bright for achieving your goals.

You know exactly where you want to go and what you want to do with your life. In doing so, you have a clear plan of action.

To you, achieving your goals is within your grasp and offers many rewards.

You are completely motivated to make a success of your life.

You have a positive outlook and know that there are no limits to achieving your objectives.

Life treats you kindly and provides plenty of opportunities for you to excel.

In everything you do, you feel supported. There is always guidance at hand to help you achieve your dreams.

By working towards your goals, you feel dynamic, happy and enthusiastic.

You realize that hard work bring you great rewards. You are highly capable of achieving your goals.

You always feel motivated and full of vitality.

Achieving your goals opens up even more opportunities in your life and the chance to have more meaningful experiences.

You love everything about your life and really enjoy working smartly towards your goals.

Every day, you wake feeling fresh, alert and ready for anything.

You recognize that you have amazing qualities within you along with the strength to realize your dreams.

Allow your true talent to shine through so that you can accomplish your ultimate goal.

Acknowledge the potential that you have and believe in your dreams.

You really are an amazing individual and have exactly what it takes to achieve every goal that you set.

Manifest the life that you truly want for your self.

Feel empowered! You have what it takes to realize your dreams.

You can achieve your ultimate goals.

This is your chosen experience.

These are the beliefs that create your wonderful and fulfilling reality.

Program 2 – Day

This is my Ultimate Self-Talk for achieving my ultimate goals.

I believe I have exactly what it takes to achieve my goals and enjoy a rich and meaningful life.

I believe I have exactly what it takes to achieve my goals and enjoy a rich and meaningful life.

I believe I have exactly what it takes to achieve my goals and enjoy a rich and meaningful life.

I am determined, resourceful, passionate and motivated. Everything I do brings me closer to achieving my dreams.

I am determined, resourceful, passionate and motivated. Everything I do brings me closer to achieving my dreams.

I am determined, resourceful, passionate and motivated. Everything I do brings me closer to achieving my dreams.

Life is full of opportunities. I recognize this truth and I'm motivated to achieve success.

Life is full of opportunities. I recognize this truth and I'm motivated to achieve success.

Life is full of opportunities. I recognize this truth and I'm motivated to achieve success.

I realize that I am highly capable, learn quickly and possess all the skills I need to achieve my objectives.

I realize that I am highly capable, learn quickly and possess all the skills I need to achieve my objectives.

I realize that I am highly capable, learn quickly and possess all the skills I need to achieve my objectives.

To me, working towards achieving my goals is exciting. I enjoy the experiences that my journey brings.

To me, working towards achieving my goals is exciting. I enjoy the experiences that my journey brings.

To me, working towards achieving my goals is exciting. I enjoy the experiences that my journey brings.

I choose my goals carefully and recognize that achievement is down to my commitment.

I choose my goals carefully and recognize that achievement is down to my commitment.

I choose my goals carefully and recognize that achievement is down to my commitment.

I am worthy of success and I believe that I can accomplish my goals.

I am worthy of success and I believe that I can accomplish my goals.

I am worthy of success and I believe that I can accomplish my goals.

I believe that I have what it takes to be completely successful and I make a positive commitment to achieving my objectives.

I believe that I have what it takes to be completely successful and I make a positive commitment to achieving my objectives.

I believe that I have what it takes to be completely successful and I make a positive commitment to achieving my objectives.

My life is what I make it. I trust in my self to make the right choices, protect my dreams and be fearless in making my goals reality.

My life is what I make it. I trust in my self to make the right choices, protect my dreams and be fearless in making my goals reality.

My life is what I make it. I trust in my self to make the right choices, protect my dreams and be fearless in making my goals reality.

I am dynamic, determined and deeply committed towards achieving my ultimate goal. I feel empowered and believe in my success.

I am dynamic, determined and deeply committed towards achieving my ultimate goal. I feel empowered and believe in my success.

I am dynamic, determined and deeply committed towards achieving my ultimate goal. I feel empowered and believe in my success.

Everything I do brings me closer to accomplishing my ambitions.

Everything I do brings me closer to accomplishing my ambitions.

Everything I do brings me closer to accomplishing my ambitions.

I recognize that life is full of opportunities and I'm capable of achieving great success in everything I do.

I recognize that life is full of opportunities and I'm capable of achieving great success in everything I do.

I recognize that life is full of opportunities and I'm capable of achieving great success in everything I do.

My deep passion, determination and commitment keeps me aimed towards achieving my goals.

My deep passion, determination and commitment keeps me aimed towards achieving my goals.

My deep passion, determination and commitment keeps me aimed towards achieving my goals.

I am highly creative and recognize that I have the power and ability to make my dreams reality.

I am highly creative and recognize that I have the power and ability to make my dreams reality.

I am highly creative and recognize that I have the power and ability to make my dreams reality.

Every challenge makes me stronger and brings me closer to my ultimate goals.

Every challenge makes me stronger and brings me closer to my ultimate goals.

Every challenge makes me stronger and brings me closer to my ultimate goals.

I visualize my success and see all my goals coming to fruition now.

I visualize my success and see all my goals coming to fruition now.

I visualize my success and see all my goals coming to fruition now.

I enjoy working towards achievement. With commitment and focus, I work constructively towards accomplishing my ambitions.

I enjoy working towards achievement. With commitment and focus, I work constructively towards accomplishing my ambitions.

I enjoy working towards achievement. With commitment and focus, I work constructively towards accomplishing my ambitions.

I already am successful. I have many qualities which I can draw upon to achieve my ultimate goals.

I already am successful. I have many qualities which I can draw upon to achieve my ultimate goals.

I already am successful. I have many qualities which I can draw upon to achieve my ultimate goals.

Each day, I nurture my dreams and take active steps towards achieving the ultimate success.

Each day, I nurture my dreams and take active steps towards achieving the ultimate success.

Each day, I nurture my dreams and take active steps towards achieving the ultimate success.

I realize that I am responsible for the richness of my life experiences. Achieving my goals is down to me.

I realize that I am responsible for the richness of my life experiences. Achieving my goals is down to me.

I realize that I am responsible for the richness of my life experiences. Achieving my goals is down to me.

My goals are attainable. I believe in my ability to achieve success.

My goals are attainable. I believe in my ability to achieve success.

My goals are attainable. I believe in my ability to achieve success.

I am creating my reality every single day and recognize that my positive thoughts contribute towards positive experiences.

I am creating my reality every single day and recognize that my positive thoughts contribute towards positive experiences.

I am creating my reality every single day and recognize that my positive thoughts contribute towards positive experiences.

Achieving my objectives is within my reach. I commit myself to making my dreams reality.

Achieving my objectives is within my reach. I commit myself to making my dreams reality.

Achieving my objectives is within my reach. I commit myself to making my dreams reality.

I am happy right now, working towards my life's goals.

I am happy right now, working towards my life's goals.

I am happy right now, working towards my life's goals.

I know exactly what I need to do to make my dreams reality and I work towards my success with courage and boldness.

I know exactly what I need to do to make my dreams reality and I work towards my success with courage and boldness.

I know exactly what I need to do to make my dreams reality and I work towards my success with courage and boldness.

Every challenge makes me stronger and I grow in confidence, experience and fulfillment as I move closer to my goals.

Every challenge makes me stronger and I grow in confidence, experience and fulfillment as I move closer to my goals.

Every challenge makes me stronger and I grow in confidence, experience and fulfillment as I move closer to my goals.

I work hard on my objectives but I always have fun and enjoy life right now.

I work hard on my objectives but I always have fun and enjoy life right now.

I work hard on my objectives but I always have fun and enjoy life right now.

In this moment, I have faith in my abilities to be a successful, wise and respected individual.

In this moment, I have faith in my abilities to be a successful, wise and respected individual.

In this moment, I have faith in my abilities to be a successful, wise and respected individual.

My goals are the positive experiences I have chosen and I work towards them with passion and energy.

My goals are the positive experiences I have chosen and I work towards them with passion and energy.

My goals are the positive experiences I have chosen and I work towards them with passion and energy.

I am dynamic and always have enough energy to follow my ambitions.

I am dynamic and always have enough energy to follow my ambitions.

I am dynamic and always have enough energy to follow my ambitions.

Every day brings me greater confidence and self-esteem as I work on achieving my goals.

Every day brings me greater confidence and self-esteem as I work on achieving my goals.

Every day brings me greater confidence and self-esteem as I work on achieving my goals.

Deep within me, I know that I have the ability, courage and determination to make my dreams reality.

Deep within me, I know that I have the ability, courage and determination to make my dreams reality.

Deep within me, I know that I have the ability, courage and determination to make my dreams reality.

I know myself as being determined, enthusiastic, hard-working and focused.

I know myself as being determined, enthusiastic, hard-working and focused.

I know myself as being determined, enthusiastic, hard-working and focused.

I am highly motivated and see my goals as an opportunity to add to my life's experiences.

I am highly motivated and see my goals as an opportunity to add to my life's experiences.

I am highly motivated and see my goals as an opportunity to add to my life's experiences.

I trust in my inner wisdom and believe that I have what it takes to succeed.

I trust in my inner wisdom and believe that I have what it takes to succeed.

I trust in my inner wisdom and believe that I have what it takes to succeed.

It is with my inner wisdom that I trust the choices that I make which take me closer to my ambitions.

It is with my inner wisdom that I trust the choices that I make which take me closer to my ambitions.

It is with my inner wisdom that I trust the choices that I make which take me closer to my ambitions.

I am an amazing individual with many brilliant qualities. I recognize the success that is waiting for me.

I am an amazing individual with many brilliant qualities. I recognize the success that is waiting for me.

I am an amazing individual with many brilliant qualities. I recognize the success that is waiting for me.

When I focus positively on achieving each goal, it is easier to realize.

When I focus positively on achieving each goal, it is easier to realize.

When I focus positively on achieving each goal, it is easier to realize.

I have a healthy outlook on my goals. Working towards my achievement is ultimately nurturing on every level.

I have a healthy outlook on my goals. Working towards my achievement is ultimately nurturing on every level.

I have a healthy outlook on my goals. Working towards my achievement is ultimately nurturing on every level.

My ambitions bring greater meaning to my life and are part of my chosen path.

My ambitions bring greater meaning to my life and are part of my chosen path.

My ambitions bring greater meaning to my life and are part of my chosen path.

With courage and boldness, I seize every opportunity that comes my way to take me closer to my goals.

With courage and boldness, I seize every opportunity that comes my way to take me closer to my goals.

With courage and boldness, I seize every opportunity that comes my way to take me closer to my goals.

I recognize that I have what it takes to create success. The energy to achieve my goals is already within me.

I recognize that I have what it takes to create success. The energy to achieve my goals is already within me.

I recognize that I have what it takes to create success. The energy to achieve my goals is already within me.

My life's journey is a positive and meaningful experience. I am already complete and fulfilled.

My life's journey is a positive and meaningful experience. I am already complete and fulfilled.

My life's journey is a positive and meaningful experience. I am already complete and fulfilled.

The goals I have enrich my life and contribute to my enjoyment every single day.

The goals I have enrich my life and contribute to my enjoyment every single day.

The goals I have enrich my life and contribute to my enjoyment every single day.

I love working towards my goals and feel truly dynamic.

I love working towards my goals and feel truly dynamic.

I love working towards my goals and feel truly dynamic.

My ambitions are achievable and I'm confident in my choices.

My ambitions are achievable and I'm confident in my choices.

My ambitions are achievable and I'm confident in my choices.

Life is an incredible adventure and I trust in myself to achieve my goals.

Life is an incredible adventure and I trust in myself to achieve my goals.

Life is an incredible adventure and I trust in myself to achieve my goals.

I recognize the entrepreneur and visionary in my self and use my skills to fulfill my ambitions.

I recognize the entrepreneur and visionary in my self and use my skills to fulfill my ambitions.

I recognize the entrepreneur and visionary in my self and use my skills to fulfill my ambitions.

I choose the life that I most desire and work positively towards my success.

I choose the life that I most desire and work positively towards my success.

I choose the life that I most desire and work positively towards my success.

My success is the result of following my intuition. I have the right plan and take the right action.

My success is the result of following my intuition. I have the right plan and take the right action.

My success is the result of following my intuition. I have the right plan and take the right action.

With each passing day, my confidence grows. I truly believe I can achieve my life's objectives.

With each passing day, my confidence grows. I truly believe I can achieve my life's objectives.

With each passing day, my confidence grows. I truly believe I can achieve my life's objectives.

I can see my success. I know I have what it takes to follow my intentions.

I can see my success. I know I have what it takes to follow my intentions.

I can see my success. I know I have what it takes to follow my intentions.

I am strong and resilient. I work with passion to achieve my ultimate goals.

I am strong and resilient. I work with passion to achieve my ultimate goals.

I am strong and resilient. I work with passion to achieve my ultimate goals.

You achieve your goals and enjoy success.

Believe in your self! You have exactly what it takes to achieve your ambitions.

Life is full of brilliant and magical opportunities which you can choose to take at any time.

You are confident, bold and determined. You have all the qualities you could possibly need to be successful.

You have great vision and focus. You work towards your goals with amazing vitality and enjoyment.

Right now, life is progressing well for you.

Your experiences are always fulfilling and bring meaning to your life.

You know that you have the vision to fulfill your goals.

You are confident, bright and innovative.

You have exactly what it takes to succeed in life.

Each day brings new opportunities to accomplish your goals.

At all times, you make the right decisions towards success.

You know that you have all that you need to live your dreams.

Throughout the day, you focus clearly on your goal and take the necessary steps to achieving a positive outcome.

You take advantage of opportunities that come your way.

You are a super-achiever.

You find it easy to achieve your goals.

Life is full of purpose.

Every day, you are living your dreams.

You rise to any challenge, and your determination always results in a positive outcome.

Trust in yourself.

Believe that you are worthy of success. You can live your dream!

Realize now ... you can achieve your ultimate goals.

This is your chosen experience.

These are the beliefs that create your wonderful and fulfilling reality.

Program 3 – Night

This is my nighttime Ultimate Self-Talk to achieving my ultimate goals.

As I unwind and reflect on my day, I feel happy, fulfilled and fully motivated to achieve success.

As I unwind and reflect on my day, I feel happy, fulfilled and fully motivated to achieve success.

As I unwind and reflect on my day, I feel happy, fulfilled and fully motivated to achieve success.

I see my goals as being attainable and believe in my self wholeheartedly.

I see my goals as being attainable and believe in my self wholeheartedly.

I see my goals as being attainable and believe in my self wholeheartedly.

I am passionate about achieving my dreams and work consistently towards my achievements.

I am passionate about achieving my dreams and work consistently towards my achievements.

I am passionate about achieving my dreams and work consistently towards my achievements.

The journey towards achieving my goals is rewarding, fun and full of wonderful experiences.

The journey towards achieving my goals is rewarding, fun and full of wonderful experiences.

The journey towards achieving my goals is rewarding, fun and full of wonderful experiences.

Every moment, I live with a strong resolve and I'm committed to being incredibly successful.

Every moment, I live with a strong resolve and I'm committed to being incredibly successful.

Every moment, I live with a strong resolve and I'm committed to being incredibly successful.

I recognize that I create the experiences in my life and I'm focused on making my dreams reality.

I recognize that I create the experiences in my life and I'm focused on making my dreams reality.

I recognize that I create the experiences in my life and I'm focused on making my dreams reality.

By recognizing the potential that is within me, I can accomplish my ultimate goals.

By recognizing the potential that is within me, I can accomplish my ultimate goals.

By recognizing the potential that is within me, I can accomplish my ultimate goals.

Even while I sleep, my thoughts are programmed towards achieving success.

Even while I sleep, my thoughts are programmed towards achieving success.

Even while I sleep, my thoughts are programmed towards achieving success.

I am focused on my intentions and, every day, I take action that will take me closer to achievement.

I am focused on my intentions and, every day, I take action that will take me closer to achievement.

I am focused on my intentions and, every day, I take action that will take me closer to achievement.

Every choice I make is one that I trust and accept to be right for me at this time.

Every choice I make is one that I trust and accept to be right for me at this time.

Every choice I make is one that I trust and accept to be right for me at this time.

I possess great vision and I am able to realize my dreams. I follow my path with confidence and courage.

I possess great vision and I am able to realize my dreams. I follow my path with confidence and courage.

I possess great vision and I am able to realize my dreams. I follow my path with confidence and courage.

Right now, I am focused on success. Every moment, my awareness is focused on success.

Right now, I am focused on success. Every moment, my awareness is focused on success.

Right now, I am focused on success. Every moment, my awareness is focused on success.

I am happy in each moment and enjoy working towards my ultimate goals.

I am happy in each moment and enjoy working towards my ultimate goals.

I am happy in each moment and enjoy working towards my ultimate goals.

Within me, I recognize the qualities that I have which are needed to accomplish my ambitions.

Within me, I recognize the qualities that I have which are needed to accomplish my ambitions.

Within me, I recognize the qualities that I have which are needed to accomplish my ambitions.

I am resilient, dynamic and enthusiastic about my ambitions. I enjoy the work I do to achieve my goals.

I am resilient, dynamic and enthusiastic about my ambitions. I enjoy the work I do to achieve my goals.

I am resilient, dynamic and enthusiastic about my ambitions. I enjoy the work I do to achieve my goals.

I always feel empowered and create good fortune.

I always feel empowered and create good fortune

I always feel empowered and create good fortune

With a positive outlook, I know that I am capable of amazing success.

With a positive outlook, I know that I am capable of amazing success.

With a positive outlook, I know that I am capable of amazing success.

I believe in myself wholeheartedly. I am worthy of great achievement and I owe it to myself to succeed.

I believe in myself wholeheartedly. I am worthy of great achievement and I owe it to myself to succeed.

I believe in myself wholeheartedly. I am worthy of great achievement and I owe it to myself to succeed.

Living my dream is important to me. Every day, I take right action to contribute to my achievements.

Living my dream is important to me. Every day, I take right action to contribute to my achievements.

Living my dream is important to me. Every day, I take right action to contribute to my achievements.

I have a strong sense of purpose. I believe in my abilities and know exactly what I need to do to succeed.

I have a strong sense of purpose. I believe in my abilities and know exactly what I need to do to succeed.

I have a strong sense of purpose. I believe in my abilities and know exactly what I need to do to succeed.

Every day, I am open to experience. I find working on my goals fulfilling and rewarding on every level.

Every day, I am open to experience. I find working on my goals fulfilling and rewarding on every level.

Every day, I am open to experience. I find working on my goals fulfilling and rewarding on every level.

I find myself in a supportive environment, amongst positive people who believe in me.

I find myself in a supportive environment, amongst positive people who believe in me.

I find myself in a supportive environment, amongst positive people who believe in me.

My dreams become reality. I believe in my potential.

My dreams become reality. I believe in my potential.

My dreams become reality. I believe in my potential.

I am ready for success. I am confident and capable of great achievement.

I am ready for success. I am confident and capable of great achievement.

I am ready for success. I am confident and capable of great achievement.

My life is full of purpose. I enjoy achieving my goals.

My life is full of purpose. I enjoy achieving my goals.

My life is full of purpose. I enjoy achieving my goals.

I am an amazing individual with a positive approach to life. I aim high and always do my best.

I am an amazing individual with a positive approach to life. I aim high and always do my best.

I am an amazing individual with a positive approach to life. I aim high and always do my best.

My objectives are clear. I am capable of brilliant success.

My objectives are clear. I am capable of brilliant success.

My objectives are clear. I am capable of brilliant success.

I owe it to myself to succeed and live my dream.

I owe it to myself to succeed and live my dream.

I owe it to myself to succeed and live my dream.

To me, life provides plenty of opportunities. I am capable of making my life truly inspiring.

To me, life provides plenty of opportunities. I am capable of making my life truly inspiring.

To me, life provides plenty of opportunities. I am capable of making my life truly inspiring.

My goals are obtainable. Each day, I move closer to success.

My goals are obtainable. Each day, I move closer to success.

My goals are obtainable. Each day, I move closer to success.

Every day, I am motivated by my positive ambitions.

Every day, I am motivated by my positive ambitions.

Every day, I am motivated by my positive ambitions.

Life is rewarding and fun. I make the most of every moment and recognize my ability to create opportunity.

Life is rewarding and fun. I make the most of every moment and recognize my ability to create opportunity.

Life is rewarding and fun. I make the most of every moment and recognize my ability to create opportunity.

I believe in my self. I achieve my goals as a result of my ability, wisdom, determination and passion.

I believe in my self. I achieve my goals as a result of my ability, wisdom, determination and passion.

I believe in my self. I achieve my goals as a result of my ability, wisdom, determination and passion.

I am accomplished and gifted. I live a rewarding and happy life.

I am accomplished and gifted. I live a rewarding and happy life.

I am accomplished and gifted. I live a rewarding and happy life.

I choose my goals. My goals support me and fulfill my dreams.

I choose my goals. My goals support me and fulfill my dreams.

I choose my goals. My goals support me and fulfill my dreams.

At last, I have what it takes to achieve my ultimate goals.

At last, I have what it takes to achieve my ultimate goals.

At last, I have what it takes to achieve my ultimate goals.

You really do have what it takes to achieve your ultimate goals.

You are strong, capable, intelligent, innovative and creative. You have great strength of character.

Life, for you, offers endless opportunities and choices. You know precisely what you need.

Each step you take brings you closer to your dream.

You are aware of your potential and can see the rewards.

Live the life you truly desire.

Realize that you are worthy of living your dreams. You deserve the rewards and success that you desire.

Have faith in your choices as you go about your day.

Enjoy every moment working towards your goals.

With each step, see your dream transform into reality.

Have faith in your chosen path.

Visualize your success. You already have the ability to achieve your objectives and live the life you desire.

You know that life is an incredible experience and you really can manifest your goals.

Truly believe in your self.

Recognize the potential within you.

Realize now ...

You have exactly what it takes to achieve your ultimate goals.

This is your chosen experience.

These are the beliefs that create your wonderful and fulfilling reality.