

ATTRACT STUDIO GUIDE

www.attractstudio.com

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STUDIO

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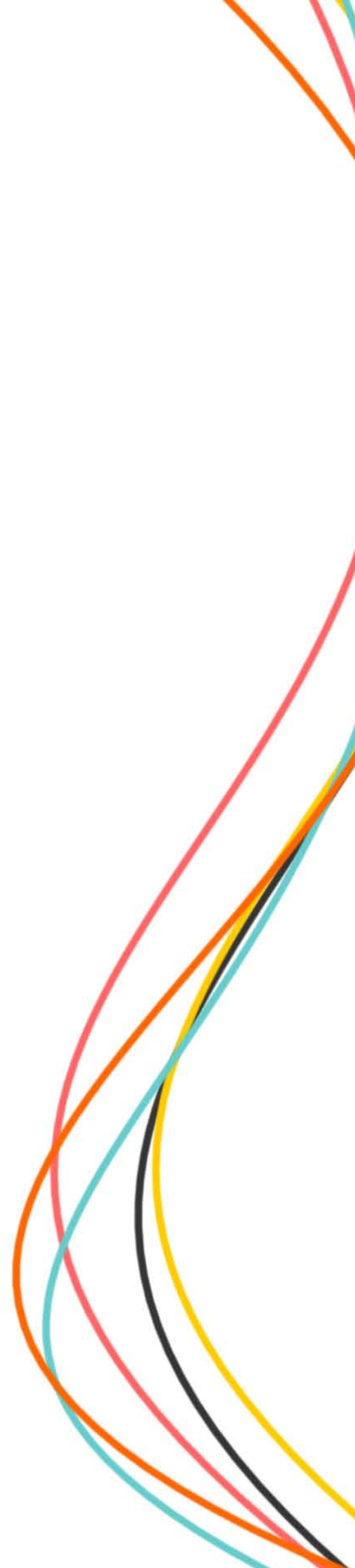
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INTRODUCTION

Welcome to the **Attract Studio** guide, the fastest, easiest, most effective method of attracting all the things you've ever wanted into your life!

In the pages that follow we'll be examining the Law of Attraction, where it comes from, how it works, where its real power lies, and how you can access that power using 21st century techniques and technology.

We'll go through the steps you need to follow in order to create your own Attraction Movies, the most powerful visualization tools available for activating the Law of Attraction and putting it into practice.

We'll also look at ways to emotionally charge your Attraction Movies so that you're able to connect with them on a deep and intensely personal level.

The main CD includes this guide, and a number of Cheat Sheets on the Law of Attraction and the process used for creating your own Attraction Movies, giving you at-a-glance information that you can print out and keep close at hand.

The CD also contains an Affirmation Inspiration PDF file, with over 100 ready-to-run affirmation scripts for you to use. AND ten full ready-to-run Attraction Movies - which you can immediately start using, to begin enjoying powerful gains in your life.

There are also two audio CDs, which guides you through much of the information you'll find inside this guide, so that you can listen and absorb the information when you're out and about, at work, exercising, relaxing, or any other time when you want to refresh your memory.

And on top of all that, you'll also find the Attract Studio Movie CD, which contains a series of videos, demonstrating how to create your own Attraction Movie *live* - and in just a matter of minutes.

This truly is a one-of-a-kind package that can help turn your dreams into realities!

Ready to ramp up your powers of attraction and let your manifesting magic run free? Then let's get started by finding out a little bit more about the Law of Attraction in general and how you can put it to work to bring you everything your heart desires.

Origins of the Law of Attraction

The Law of Attraction is a technique used for manifesting your desires and making your dreams come true. It's a method used to help "attract" the things you really want into your life. As a concept it might be new to you, but in fact it's based on a very old idea.

The earliest recorded use of the phrase "Law of Attraction" in print dates back to 1906. It was part of the title for a book by William Walker Atkinson called *Thought Vibration or the Law of Attraction in the Thought World*. Four years later, Wallace D. Wattles wrote *The Science of Getting Rich*, in which he states that focusing on your desires and truly believing in them will lead to achieving them in the material world. That's a good summary of the Law of Attraction in itself.

Charles F. Haanel's book *The Master Key System* was first published as a correspondence course in 1912. It's a step-by-step guide to using the Law of Attraction in which Haanel writes:

"Thinking is the only activity which the spirit possesses, and thought is the only product of thinking."


Thinking is the key, the MASTER key, behind getting what you want. When you think intentionally about the thing you want, you're telling the subconscious mind to get it for you. When you focus entirely on the thing you want, your subconscious works harder to help bring about the desire or goal you're after. People who achieve all the things they want in life do so because they know what they want, they focus intensely on it, and they never stop thinking about it until they get it.

In Part Seven of *The Master Key System*, Haanel talks about the Universal energy or "invisible power" that exists all around us. He explains that the mind really has two halves; the personal, physical half, part of the visible or external world, and the impersonal, spiritual half, part of the invisible or internal world.

The personal mind is conscious, existing on the physical level with all the limitations that implies. The impersonal mind refers to the subconscious, functioning on the spiritual level, in tune with the spiritual energy of the cosmos, with access to infinite resources, to what Haanel calls "the wonderful power which has been put within your control."

These resources are available to all of us: we just need to recognize them, appreciate them for what they are, and use them in the way they were intended. Haanel breaks the process of utilizing this power down into three steps:

Step 1: Idealization – picture the ideal version of the thing you want in as much detail as possible.



Step 2: Visualization – see yourself in the future once you have the thing you want in your life.

Step 3: Materialization – focus intensely on your goal until you get the thing you want.

Napoleon Hill wrote one of the best-selling books of all time, *Think and Grow Rich*, in which he says that controlling your thoughts will lead to success. Thoughts are energy and you can therefore use this energy for your own purposes and rewards.

In his earlier 1928 book *The Law of Success in 16 Lessons*, Hill states:

“Know what you want, when you want it, why you want it and HOW you intend to get it.”

And that, in a nutshell, is the Law of Attraction.

Okay, that’s enough history. We know that the Law of Attraction and its associated principles are not new. What IS new is the way in which we can utilize these principles to turn an ordinary life into an extraordinary one. But first let’s make sure we understand exactly what the Law of Attraction is and what it is not.

What Is The Law Of Attraction?

Here are a few of the tenets frequently linked to and deriving from the Law of Attraction, phrases you've probably encountered at one time or another:

- Like attracts like
- Thoughts become things

Let's start with the first of these, the idea that *like attracts like*.

Seems pretty simple on the surface, doesn't it? If you want more love, give out more love. If you want more positive energy surrounding you, give out more positive energy yourself. If you want more confidence, generate a more confident personality.

You have to think positive, but there's more to it than that. To attract the things you want into your life, you have to think about them constantly. You have to know exactly what those things are, and you have to have a plan for acquiring them. You can't simply sit back and think positive thoughts, because that's only a small part of the equation.

To get the maximum benefit from the Law of Attraction, you need to connect with and make use of the cosmic or universal energy, the energy that exists all around us. And to do that, you first need to understand where that energy comes from.

James Allen wrote in the introduction to his book *As A Man Thinketh* that "mind is the master-weaver, both of the inner garment of character and the outer garment of circumstance."

That's an important quotation, because it lets us in on another secret, namely:

The real power behind the Law of Attraction is in your mind, in your thoughts.

That leads us nicely on to the second tenet listed above, that *thoughts become things*. Here's what that means in everyday parlance.

Think about something, and it becomes part of your reality. Think about a single goal long enough and you won't be able to rest until that goal's been accomplished. If you think about going on holiday often enough, eventually you'll sort it out, make plans and go. If you think about buying a new car, and keep on thinking about it, eventually you'll do the things you need to do to realize your ambition.

The idea is this: when you think, you're not thinking in a vacuum. Energy is everywhere, all around us. It exists in the universe and can be accessed by anybody who wishes to do so. And the way to access it is by thinking correctly. Thinking is power. Thinking is pure, vibrant energy. Thinking is potential and the way we shape our lives. And thinking is the key behind the Law of Attraction.

Thinking Is Power

Again, you don't think in a vacuum.

Every thought that goes through your head makes its way directly into the subconscious mind. Your subconscious mind takes these thoughts, which it thinks are commands, and works with you to turn them into reality. It can do this because it is creative, intuitive, instinctive and totally obedient to your wishes. It never questions your desires but simply works away continuously to achieve the goals you set for it.

The subconscious mind never second-guesses you, it doesn't argue with your decisions: it simply carries out your orders. It doesn't *decide* if the things you want are right for you; it just works to bring those things into your reality, leaving the decisions about whether or not you want those things entirely up to you.

But there's still one ingredient missing: emotion.

If you *really* want to be able to focus on one thing to the exclusion of all others, to draw that thing into your life, then you need to attach an emotion to it. In the same way that a familiar song can bring back a strong memory from the past, so too a powerful emotion can help you connect more intensely with the thing you wish to attract into your life. The more clearly you can visualize the things you want, the easier it is for the subconscious to help you attract those things to you.

And it's easy to do, too. Simply imagine how you will feel when you get that new car, bigger house, more confidence, or soul mate in your life. Hold on to that emotion, feel it when you think about the thing you want, and see yourself in the future once your goal has been realized. The emotion helps to personalize the dream, to make it absolutely *your* dream and nobody else's. It also gives it a sensory dimension so that you're able to *feel* what your life will be like when your dream finally comes true.

But there's a problem with this concept. Who has the time to sit around and "think" about what they want all day? That just seems like hard work, doesn't it? There must be a simpler way to do things?

There is. As you'll discover later on in this guide, you can create your own **Attraction Movies** using the powerful **Attract Studio** to achieve the same results.

But we're getting ahead of ourselves. Let's find out first what it takes to make the Law of Attraction work for you and bring you everything you've ever wanted.

Using The Law Of Attraction

Is it really as simple as focusing on what you want?

No, it isn't. There's more to it than just having a goal and thinking about it constantly.

For your goal to be realized it has to mean a lot to you, you have to be able to see yourself with the thing you want in detail, and you have to be able to feel what it will feel like once you have it. That's why visualization and emotion are crucial to your attempts at attracting the things you want.

Visualization is a powerful tool. You've probably been to a job interview where you were asked something like:

"Where do you see yourself in 5 or 10 years' time?"

The reason for such a question is obvious. If you answer that you hope to become Head of Department, or Senior Vice President, then it's clear to the interviewer that you've thought about the job, about the company, and about your future within the organization. It's not simply a job to you, it's a career. You're someone they can rely on to turn up every day, work hard, and help the company move forward.

If you answer something like: "I haven't really thought that far ahead..." – then it's apparent that you're not going to add much value to the organization. It's just a job, and if something better comes along, you'll probably take it. To the interviewer you lack any vision, and you'll be lucky if you ever hear from the company again.

If you can see yourself in the future with that new car, that bigger house, the love of your life, more friends, or your ideal job, then you have something to aim for. This vision isn't simply a product of your imagination, because whatever you think about finds its way into the subconscious. And once it's lodged there, the subconscious will work to help you turn your thoughts into reality.

Seeing is believing, after all. If you can see yourself doing the things you want to do, there's every chance that they're possible. And if they're possible, you can do them. Hold on to your vision until it becomes the truth.

The same goes for the other equally important element; emotion. If you can feel yourself sitting behind the wheel of that new car, if you can feel yourself walking on the beach with your ideal partner, if you can feel what it's like to be doing the job you've always dreamed of, then you're one step closer to getting those things.

Emotions are raw energy. They bring the world around us to life and add the spark to our everyday existence. Without emotions we'd be little more than robots, going through the motions day after day in a meaningless and pointless manner. But that's not how it works.

Someone smiles at you on your way to the bus station and it lifts your spirits. Your colleagues applaud you for the work you've done and you feel valued. Your partner tells you that he loves you and you're happy and content. People stare at your beautiful new car and it fills you with pride.

These are the emotional markers that make up every single day of our lives. Without them, life would be dull, to say the least. That's why it's so crucial to attach an emotion to the thing you're after. Once you can feel what it will be like to have this thing, you'll want it even more. And when you want something that badly, you won't stop until you get it.

Here's another example of the power of emotions, linking it to the notion that like attracts like...

If you surround yourself with people who are interesting, successful, dynamic, optimistic, and high-fliers, there's every chance that some of those traits will rub off on you. If, however, you surround yourself with people who are always complaining, moaning, depressed, negative, and going nowhere, that's likely where you'll end up too. You've probably noticed how certain people can brighten up a room, while others manage to bring the tone down and spoil the party. That's the kind of power contained in emotions – and that's why they're critical to help you attract the things you really want into your life.

When we talk about visualization and emotions, we're talking about concepts that relate exclusively to thoughts and thinking, concepts controlled by you, by the power of your mind. Napoleon Hill knew that the mind held the key to success. He said that once you know what you want, the subconscious mind acts like a magnet, attracting everything you need to get what you want. And it won't rest until you do. That's the potential behind the Law of Attraction.

So now we know exactly what the Law of Attraction is and where it came from. But how can we use it to make a better life for ourselves?

Putting The Law Into Practice

Everything in the Universe is composed of energy. Our thoughts are energy as well, and when we think we cause this energy to transform, to reshape itself into the objects of our desire. That's how we're able to attract energy towards us.

Charles F. Haanel puts it like this in his book *The Master Key System*:

"Thought is the fire that creates the steam that turns the wheel of fortune."

There are three things that everybody wants above all others: health, wealth and love. Everything else in the world can come to you if you have these things. Good health is essential for a happy and productive life. Love helps give life depth and dimension; without it there often seems little point to anything. Wealth is not as crucial as the other two, but it can make a happy, loving life a lot more exciting.

So how do you attract health, love and wealth to yourself? You use your thoughts to construct these things from the universal energy all around you.

We know how powerful the subconscious mind is, and we know that we can use it to move mountains if we need to. The trick is to focus hard on positive thoughts, and trust in your subconscious to turn those positive thoughts into reality.


How can it do that? Easily. Your subconscious mind does what you tell it to do. It doesn't judge you or criticize; it simply acts on your requests. If your requests are to be richer, happier, or healthier, it works to fulfill these requests for you. You can help your subconscious succeed by visualizing your goals precisely and attaching the strongest emotion possible to them.

For example, let's say you always wanted to take flying lessons, but you're afraid of heights. Visualize yourself sitting in the cockpit, soaring across open fields on a beautiful spring afternoon. Imagine the freedom and how that makes you feel.

Or perhaps you're a talented writer who likes writing speeches for other people. Maybe your speeches are so good that you'd like to present them yourself, to make sure every word hits home just like it should. But there's a problem; you freeze up whenever you have to speak in public.

Use the power of your subconscious mind to realize your goal. Visualize yourself giving a speech, see the audience's reaction as they laugh and cheer, feel the excitement you get from holding their attention, the thrill inside when you take your bow amid thunderous applause.

If you truly want something, you should be able to see yourself once you have that thing in your life. If it means enough to you, you should be able to attach a strong emotion to it. If you can do these things, you'll get everything you want. The secret is



that you have to consciously create the things you want in your life. And you create them by thinking about them, by visualizing them in detail, by attaching a strong emotion to them, and by believing that you already have them.

One way to help get really focused on the things you want is by making your own Vision Board.

Using Vision Boards To Aid Visualization Skills

A vision board is like a mind map and a poster combined. It's a collage or visual representation of the things you want to have in your life. It's a place where you can stick photos or magazine clippings, scribble ideas and drawings, write words, paint, and generally fill it with images and ideas that you can connect with emotionally and get truly passionate about.

A vision board gives you something physical to look at. It's an easy way to stay focused on your goals because you can stick it in a spot where you're likely to see it on a regular basis. On your bedroom wall, in your office, in the bathroom, in your study: anywhere you spend a lot of time and can see the vision board frequently will do.

Fill your vision board with items that relate to your goal. If you want a new, bigger house, for instance, you might place a picture of your ideal house smack in the center. You can then surround that picture with doodles, photos, writing, pics from magazines, or whatever feels right. You could even pop a picture of yourself in front of the house, just to help you visualize yourself once you own it.

Your board might start out as one thing and end up as something else entirely. Don't worry if that happens. That's your instinct and intuition taking over and guiding you towards what you REALLY want. Just go with it and let it happen. It will simply help you hone in on your goals more precisely and specifically.

And don't forget to have fun making your vision board. Cut out pictures and photos to stick on it, write your own affirmations, or include quotes that really hit home: make it as colorful and detailed as you want to. Just be sure to keep your board as specific to your initial goal as you can.

If your goal changes or becomes more refined, feel free to alter the board or even start a new one. Remember that your vision board is really just another way to help make visualization easier. It's a creative way to "picture" yourself with the thing you want in your life. But your life is fluid, so let your board evolve as you do.

Vision boards are useful for sharpening your visualization skills. But to truly take your visualization to the absolute limit – and give yourself the best possible chance for success – you need to compile your own Attraction Movie.

Attraction Movies Are The New Vision Boards

When it comes to the Law of Attraction, visualizing and attaching emotion are your most powerful weapons. That's why creating an Attraction Movie is even more effective in attracting the things you want into your life.

As you'll discover later in the course, your Attraction Movie takes the idea of visualization to a whole new level. Now you'll be able to "watch" your visualization online, upload it to YouTube, download it onto your iPod, email it to friends and family, and so on. You can view it any time you want to, any time you have a few minutes free, any time you need to remind yourself exactly what it is you want.

Let's find out just how important visualization and emotion really are, as we take a look at the steps you need to follow to create your own **Attract Studio Movies**.



How To Use The Attract Studio Movie Creator

So far in this guide, we've unravelled the truth behind the Law of Attraction – and looked at the mindset you need to begin manifesting your own dream life.

We've also looked at visualization, vision boards, and how you can use all of this to build your emotions – turning yourself into a “manifestation magnet” to attract precisely what you desire.

Now we're combining all of this together!

In this section, we're going to discover how to create your own “attraction movies” – powerful, emotive videos that unveil your desires, and help you get into the perfect attraction mindset.

But let's briefly rewind, to ensure we're all on the same page.

The Law of Attraction is relatively simple. The core rule is that “what you think, you become.” You passionately think about your desires, as though they've already been achieved – and that brings about the change in the outside world.

So, visualizing your ideal, empowered, abundant lifestyle, where you have all of the homes, cars and money you could ever need – will ultimately bring about that goal. Visualizing and getting passionate about your ideal partner and their many characteristics - will ultimately bring about a change in your love life.

Also, remember that “like attracts like.” So this is not about thinking “In the future, I will be rich” – as that sends out a signal of a current “lack” of abundance. Instead, think “I am rich” – which sends out a signal of abundance, attracting the same in return, resonating with other abundance vibes.

Precisely *how* the Law of Attraction works is still debated. Many put it down to an atomic-level physics law, such as the laws of resonance and vibration, or laws such as “like attracts like.” Others suggest that such focus changes how you see the world, and the opportunities within it.

But one thing is for sure – the Law of Attraction DOES WORK.

By VISUALIZING precisely what you want, IN DETAIL, WITH EMOTION, and AS THOUGH YOU ALREADY HAVE IT - that desire WILL come about.

The problem with this visualization process is that it can be *hard work*.

You need to find a chunk of time each day to think about your desires again, get yourself fired up, visualize the specifics, heighten the emotions, really tune into your goals. That amount of effort can be off-putting, and stop you from getting anywhere near the level required for true manifestation.

And how can you ensure you're always thinking about the same, specific desires? Variants in your visualization may actually be *diluting* your results.

That's where "Attraction Movies" come into play – the heart of the **Attract Studio** package.

Attraction Movies replace visualization. They're more powerful, and can target specific goals, heightening your emotions, and putting you "in tune" with your desires in a matter of minutes.

Use them to "resonate" correctly with your core life demands, thereby activating the Law of Attraction, and bringing about what you want in life – in absolute record-time.

The creation of Attraction Movies is not only incredibly powerful, it's also really simple too.

It works by initially coming up with a set of powerful affirmations that express precisely what you want to achieve. Then you mix this with personal images, empowering video, and evocative music. The end result is a powerful, totally custom-made video that switches on the attraction magnet inside of you – in just SECONDS!

To ensure the video-editing process is as simple as possible, we suggest using Animoto. This is a powerful website that allows for easy video creation, using text, images and music.

You can use other video editing tools to create your video, but this guide focuses on Animoto. The creation of a simple 30-second movie is actually free of charge, but we highly recommend opening an account – which will set you back around \$40 per year.

Which is nothing in comparison with the powerful gains you'll soon be achieving!

Are you ready to begin this seven-step process?

Let's start at the beginning – by defining precisely what it is that you want.



Step One - Generating Your Affirmations

To begin with, we need to figure out precisely what it is that you want – and to come up with the powerful affirmation statements that you will use in your video.

Let's begin that now.

Find a quiet period in your day when you can really spend a good half-hour considering your goals. And ask yourself: "What do I *really* want?"

If money were absolutely NO object, what would you like to happen in your life? And really consider what you'd be doing right now if money were TRULY no object. If you were a trillionaire. If you had so much money that you could just throw it from the balcony and allow it to flutter away in the wind, without a second thought.

If you had *that* much money, how would your life change?

I want you to fast-forward now to your perfect future. Where everything is working out just as wonderfully as you could possibly imagine. This is your ideal life. It couldn't possibly get ANY better.

Now that you're in that mindset, let's ask you a few questions. Be sure to scribble down notes with each question. And DO IT, don't just think about it. This really is one of the most important parts of the process.

So, let's start... in the future... you're already there... you've made it...

Now, think about your HOME for a few moments.

Where do you live? Do you live by the beach, or in the city? Do you have a house or an apartment? Do you have a cleaner, or a maid, or perhaps a fleet of assistants?

How many bedrooms do you have? Do you have an entertainments room? What are the floors made of? What is hanging on the walls? Are there specific objects you are really proud of in your home?

How many homes do you have? Two, three, or more? Do you have homes abroad, or perhaps in different parts of the country? Which is your favourite house?

Think about the *detail*, because this is what will turn this from a fleeting fantasy into a powerful, magnetic goal.

Now let's consider your BIG PURCHASES.

Do you own a car? How many? What is the colour and model? Are they expensive antiques, or fast and furious modern machines? Did you import them? How much did they cost? Do you have bikes as well? Are you more Mercedes or Harley Davidson?

How about the other toys in your life? Do you own a boat? What kind of boat? What is its name? Where do you keep it? How much time do you spend on it each year? Do you loan it to friends to use? Do you hold parties on the boat? Do you have jetskis too?

How about jewellery? Do you have own a really expensive diamond necklace? Or maybe a few of them? Perhaps a famous antique stone, or a particular piece of art? Maybe you collect expensive first edition books?

Do you own a large share in a football team, or you've purchased a chunk of a shopping mall? What are *your* big purchases?

Let's move onto your EXPERIENCES.

What experiences are you enjoying in life? Are you going on holiday regularly? How often? Where are you visiting? Are you going for adventure or relaxation? Or are you combining the two?

What places would you really like to see? What experiences would you really like to have? Would you like to go on a wild safari in Africa, or bask under the northern lights in the Arctic Circle? Would you like to dive in the Barrier Reef in Australia, or witness the changing of the guards at Buckingham Palace, or walk the Great Wall of China?

Who do you want to share these experiences with? Would you pay for all of your friends to go on a party holiday with you? Would you just take your family? Would you want to take that special person on a romantic break? Perhaps you'd do it all, over many different holidays.

What other experiences would you like to enjoy? Would you like to play golf with your favourite movie actor? Would you like to act-out a spy mission? Would you like to fly into space with Virgin Galactic? Would you like to spend a week in a premium spa? Would you like to visit the real-life set of your favourite film? What would you like to *do*?

Now let's consider your LIFESTYLE.

What do you do each day? What makes you jump out of bed, positive and enthusiastic for the day ahead? How do you spend your time?

Do you get straight on with business? Do you enjoy a relaxing breakfast and newspaper session, before beginning? Are you straight out onto the beach to catch the surf?

Do you go to the gym? Do you have a personal trainer? How fit are you? Do you enjoy shopping? What is your monthly shopping budget? How big is your wardrobe? How many pairs of shoes do you have? How expensive is your most luxurious custom-made jacket? What do people think of your style?

What do you do for fun? Where do you go to eat? Which is your favourite restaurant? Who do you most enjoy dining with? What kind of tips do you leave?

Next, let's consider MONEY and BUSINESS.

How much money do you have in the bank? What kind of interest is it earning? In general, how did you earn this money? How have you organized your finances? How much money do you now earn per month? Where does the money come from? How many sources of income do you have?

Do you work? If so, what do you do? What is your title? Do you work from home, or at an office? How many staff do you have working for you? Is it your own business, or do you work with someone else? What are the perks of the job?

Now, let's think about your RELATIONSHIPS.

Do you have a partner? What do they look like? What qualities do they have? What do they mean to you, right now? How serious are you? Are you married? What activities do you do together? What gets you both passionate? What kind of sex do you enjoy? How much do you have in common, and how are you different?

Do you have a family? This may mean your parents, your own family, or extended family. What do you do with your family? Do you have children? How many? What are the big things you do with them each year? How do you surprise them? Have you ever considered adoption? When?

How do you treat your parents? How do you show your parents that you appreciate them? Do you have a favourite niece or nephew? How do you spend time with them? Do you all attend family functions together? What impact do family have on your life? Do you have pets? What kind? What do you do with your animals?

What about your friends? How big is your social circle? Do you have more than one social circle? How much do friends mean to you? How would you surprise and spoil your friends? How many parties do you want to hold? Where will they be? What are the things you'll get up to together? What are the positive things your friends see in you? Do you constantly gain new friends? How do you and your friends have a great time?

Let's take time now to consider your HEALTH.

How healthy are you? What does health really mean to you? Is your health constantly improving? Do you work out? How young do you look? How healthy do you feel?

Do not underestimate the importance of great health!

Now let's consider your BIGGEST GOALS.

What would you really like to achieve in your life? What would you like people to remember you by? What do you want to immerse yourself in?

Are you making a film? What is the film about? Is it a documentary, or a drama, or something else? What message is the film conveying?

Are you competing in the sporting world? Are you a golfing champion, or a professional athlete, or something else? How well are you performing?

Has your education radically improved? Are you an expert in a particular area? Have you read the classic books? Do you know more about a particular area of science than almost anyone else? What do you know about art, music, history? And how are you sharing your knowledge?

What about your spirituality? How has that improved over the past few years? Are you more spiritual? How do you handle things in your life now? What lessons have you learned?

How are you giving back to the world? Do you give to charity? Have you setup your own foundation? Are you assisting those in need directly? Are you teaching? How are you helping others?

What are the top five biggest goals that you have now achieved, or are actively achieving?

So, you've reviewed the eight key areas of your life, and made notes on precisely what you're looking to manifest in your life.

Next up, it's time to take those notes and ideas – and turn them into positive statements that you will use in your Attraction Movie.



Step Two - Creating Your Attraction Movie Affirmations

So, you've really spent some time getting into the "future you" – and imagining your absolutely ideal life, and many of the specifics surrounding your goals and desires.

Now is the time to turn those positive visualizations into actual statements!

We're going to generate around twenty or so affirmations that describe your future life. These should be written as though you've already achieved that goal, and only in the positive.

For example, "I live in a mansion in Santa Monica", or "I enjoy five holidays a year", or "I have an exciting sex life", or "I love spending time with my family."

They should *always* be positively framed. For example, rather than "I am not poor", you should state "I am wealthy." Instead of "I am not fat" you should use "I am healthy and slim."

The affirmations should be relatively short too. That's because we're going to work them into limited video frames, and you want maximum impact. So aim for between five and ten words per affirmation.

Where possible, fill them with emotion too. "I love..." is a great way to start an affirmation. You can also capitalize important words in your affirmation, which really adds emphasis to your final movie.

Try to write down at least twenty affirmations, but go up to thirty if you need to. If you feel particularly passionate about a certain topic, repeat it a few times, but with a different emphasis each time. (For example: "I am my ideal weight"; "I lose weight easily"; "I love exercise!")

So - ready?

Go ahead right now, and create your list of twenty affirmations, covering all eight key areas of your life.

Need inspiration? Try using the 'Affirmation Inspiration' tool that came with your copy of Assist Studio. This will help provide you with specific affirmation examples that you can swipe for your own use.

And below you'll find a sample affirmation list, created by one of our clients. Remember, try not to simply copy by example. The more personal the statements are, the more they are naturally emotionally-fuelled – which means exponential manifestation results for you!

So – BE ORIGINAL!

Here's a sample affirmation list, from one of our clients, to help you on your way:

1. I love my life!
2. I am living my perfect life
3. I love my big, Santa Monica mansion
4. I enjoy a huge apartment in New York City
5. I feel happier every single day!
6. I vacation over five times a year
7. I regularly enjoying boating in Monaco
8. I have met my ideal life partner
9. I am always expressing love for family & friends
10. I am the centre of my exciting social circle
11. I own a Mercedes-Benz SLS AMG
12. I own an original, first edition 'Gatsby'
13. My life is full of abundance
14. My bank account savings total \$5m!
15. I enjoy total financial freedom
16. I have more money than I could ever spend!
17. My business earns over \$100,000 per month
18. I enjoy complete abundance in all parts of life
19. I run my own successful business
20. I love my work, each and every day
21. I am healthy and fit
22. I am my perfect weight
23. I enjoy exercise!
24. I find time for myself each day
25. Fans adore my best-selling mystery novels

Finished?

Keep your list safe. Make sure it doesn't have any negative phrases in it. (Such as "don't", "can't" or "no".) And let's get ready to move onto the next step – getting your pictures ready!

Step Three - Collecting Your Attraction Movie Imagery

So, you've figured out precisely what you want, and the simple affirmations that represent your goals. Now you need to bring together the images that represent your desires.

We'll be using these images later on to create your Attraction Movie. These images will bring detail to your affirmations, and heighten the emotion and "manifestation magnetism" even further.

For each affirmation, we want to collect between one and three images, each representing the detail behind that affirmation.

So, for example, if your affirmation was "I find time for myself each day" – your images may be of someone reading a book, meditating, or walking in the countryside. If your affirmation was "I own a Mercedes-Benz SLS AMG" – then your images would be of the car itself. If your affirmation was "I enjoy a huge apartment in New York City" – then your images would be of your ideal apartment.

In addition, the more PERSONAL and EVOCATIVE the imagery, the better.

So, if your affirmation is "I enjoy a happy family life!" – then rather than using a stock photograph of a smiling family, use an image of your *own* family, all happy and smiling, healthy and vibrant.

If your affirmation is "I vacation over five times a year" – then include images from your happiest, most fun vacations ever.

Whatever brings emotion, will ignite the Law of Attraction.

Remember, you will use imagery to add DETAIL to your affirmations. But, where will you get all of these images from?

Well, there are three main techniques:

- **Use images from your own collection** – This is always the preferred technique, as the images will be so much more personal and emotionally-evocative. Use photos from your happiest vacation. Use snapshots of your ideal home. Use photos of your family having fun, of you smiling, or whatever connects you most to your affirmations.
- **Use images from known public websites** – Sometimes it's easier to get what you want direct from public websites. If you want images of a Harley Davidson Electra, go directly to the manufacturer's website. If you're looking for images of your ideal home, try searching realtor sites until you find the perfect match. If you want a copy of a first edition Ulysses, swipe the image straight from

Wikipedia.

- **Use stock images** – Stock images give you more generic imagery, but will help out for those affirmations that are a little more vague, such as those to do with happiness, health, or future partners. Stock imagery can be extracted from commercial image sites, or sites such as Flickr.

Create an empty folder on your desktop, and save relevant images from your personal collection into this folder. Do the same for any images you manage to extract from public websites.

To find stock images, we recommend using our own image search engine, created *specifically* for users of **Attract Studio**. Just visit it online at: www.imagesearchsite.com

Enter your query into the box, and click to search. This will open multiple image search results, which should help you find what you're looking for. Be creative with your searching until you find just what you need.

The video walk-through will demonstrate this technique further.

Again, save all of the images connected to your affirmations to an empty folder on your desktop. Ensure that you have between one to three relevant images for each of your affirmations – giving you a total of somewhere between 20 and 90 images, depending on your affirmation count.

One final note: Keep a record of where the images came from – for example, the Flickr username, or the website domain. If you ever decide to upload to YouTube, you should add it to the description, to ensure all credit is given.

TOP TIP: Enhance with video content!

If you have video content that you can use in your Attraction Movie, all the better. Moving imagery will generate more emotion. Use video from your own collection, or download YouTube videos (see www.keepvid.com to save a YouTube video locally). You can edit the video later, so that you only show a few seconds, or as much as you desire.

Step Four - Selecting Your Attraction Movie Music

All of the core elements of your movie are really coming together now!

You've decided precisely what you wish to attract. You've created a list of 20-30 powerful affirmations. And you've collected a couple of very personal images for each of those affirmations. You might even have a little video content in there, too. Next up, we need to put the icing on the cake – further emotionalizing your Attraction Movie, by adding music!

Your final video will be an average of five or six minutes long, depending on the number of affirmations and images you have chosen. So if possible, choose a song somewhere around that length. The longer the better.

Make sure it's powerful and upbeat too. Slow music doesn't work hard enough to build positive emotion. Use something that really gets you going.

If you have a favourite song in mind, just copy the MP3 version of that song to your Attraction Movie folder.

You can rip MP3 files directly from your CD, using software such as iTunes, or you can download commercial MP3 files legally, using services such as Amazon MP3. But if you plan to upload your videos to YouTube, sometimes the copyright owners may remove the material, depending on licensing restrictions. Not always, but sometimes.

In these cases, you may wish to use music that you're legally entitled to use. Don't worry, that isn't as bad as it sounds. There is a ton of *great* music out there, which you can use legally, without any issues whatsoever.

If you don't have a specific MP3 track in mind, check out these sites for quick and free picks:

- **Animoto Music** – www.animoto.com/lounge/ - Just listen to some of the great tunes here. Check out the "Pop", "Singer/Songwriter", "Gospel", "Electronica" and "Latin" sections for music that will be particularly suited to your Attraction Movie. There's no need to try and download these. Just remember the track name – you'll be able to select it later when building your movie.
- **Jamendo** - www.jamendo.com – Browse this entirely free library of legal music downloads, from a number of really fantastic artists. Download straight from the site and save in your Attraction Movie folder for later use.

When you have your music ready, you're all set to get creating your own Attraction Movie. This is the fun (and incredibly easy) bit – get ready for an exciting hour of putting everything together!

Step Five - Creating Your Attraction Movie

This is the point when all of the elements of your Attraction Movie really come together!

As we mentioned earlier, we will be using Animoto to create our videos. This means we can skip all of the fiddly technological detail that usually goes into creating great videos – and instead, concentrate on the content, as we’ve been doing so far.

So what is Animoto?

Well, it’s a website that enables you to bring together text, images and video, to create really beautiful movies. It’s absolutely ideal for creating an Attraction Movie, as its enticing presentation styles really activate interest and evoke emotion.

You can create a free 30-second video using Animoto. But for longer videos, you’re required to pay a \$39 annual membership fee. We strongly recommend that you take this up – and we guarantee that it’ll pay off within a matter of days.

Plus, not only will you be able to use Animoto to create your own Attraction Movies, but you can also use it to brighten up photo albums, and to create holiday video messages to friends and family.

So, to signup for your Animoto account, and create your first video, visit this link:
www.createnewmovie.com

This is our special Animoto site link, which also provides details of any current discount codes that may be available. Additionally, you can visit the Animoto website directly at: www.animoto.com.

Once you’ve signed up for your Animoto account, you’ll need to click on the ‘Create Video’ button at the top right of each page.

TOP TIP:

The entire movie creation process is on your Attraction Movie Creation CD. Brief details are included here too, so you have a written reference for future use.

Firstly, you need to select your video style. This represents how your text and images are displayed in the video. You can preview each style before using, and you can also change styles later in the process.

We’d strongly recommend using one of the most powerful and engaging themes – Air, Water, Fire or Earth. In our experience, Water and Fire tend to get the best results. The remaining styles in the Animoto range are just a little too placid to consider.

Once your video style has been selected, you'll be at step one – ready to select your imagery.



To begin, select 'Upload from your computer' – and then select the bundle of affirmation images you collected previously. Allow them to upload to your video.

You can also choose to 'Select from our collection' (or later, 'Add more' > 'Select from our collection') to pick from a selection of neat images and video clips that come with Animoto. Don't dismiss these images – there are some excellent pieces here, such as videos of surf-boarding, champagne glasses chinking, celebratory fireworks, and more. Just pick images, then click 'Done' to add to your project.



Once you've added your images, click on the 'Add Text' button. Enter the first of your affirmations, and put it in first position in the storyboard.

Main text/title

People ADMIRE

Characters remaining: 9

Sub text/title

my confidence

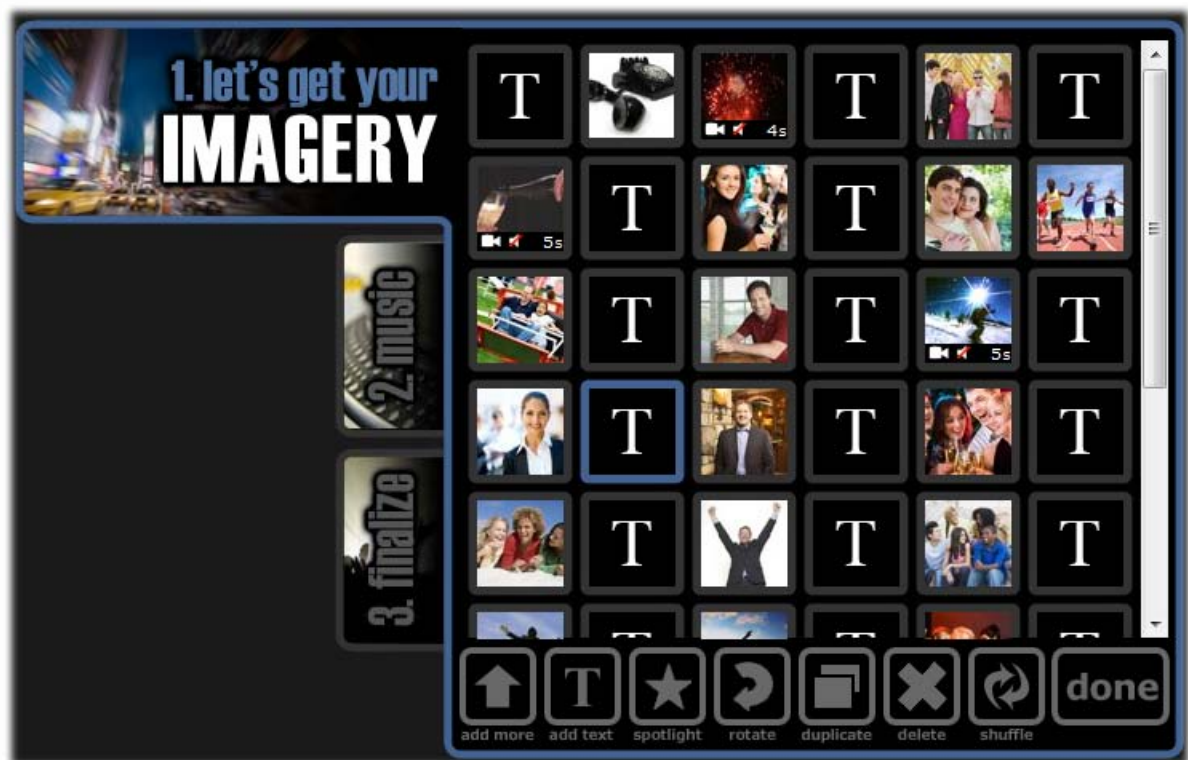
Characters remaining: 17

If your affirmation doesn't quite fit into the first box, spill over into the second. Then, put the photos for this affirmation AFTER the affirmation – so that the images for this affirmation now display after the affirmation itself.

Continue adding each affirmation, continuously re-arranging the relevant photos following each one. Do this until you've added all affirmations, and arranged all photos. Use the controls at the bottom of the screen to remove any invalid images.

If you have an image you particularly wish to highlight, select it and click the 'Spotlight' button. This gives that image a little more video time than the rest.

Eventually, your storyboard should look something like this:

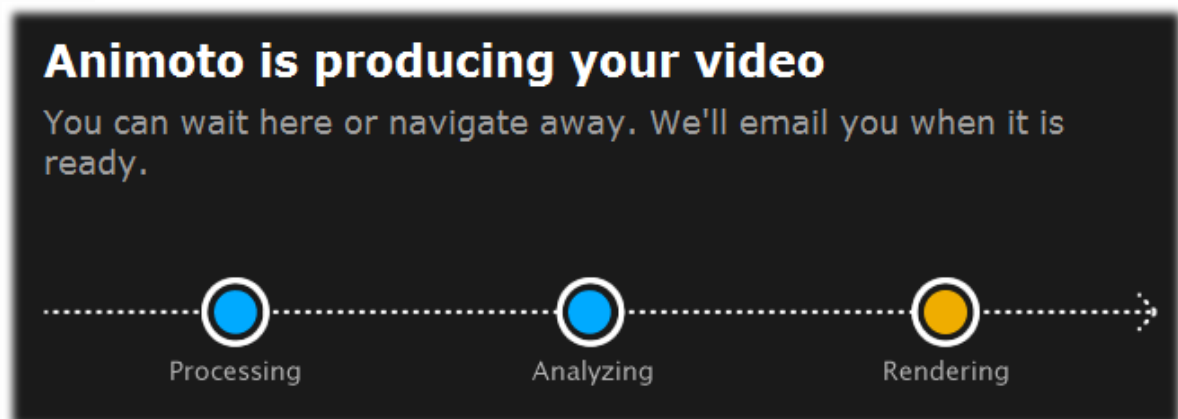


When finished, click "Done."

Next, the process shifts onto stage two, ready for you to select your music. From here, you can either select from the existing collection, or upload an MP3 file direct from your computer.

Just follow the prompts as required, then click “Save and continue” to move onto stage three.

Finally, you reach the polishing stage. We suggest keeping the default options (regular speed, full-length) on the first screen, and selecting ‘Continue’ – and then entering a video title on the next. When ready, click ‘Create Video’ to begin the video generation process!



Depending on the size of your video, this process will take around five minutes to complete. Don't worry, you can close your browser window – Animoto will e-mail you once the video has been created.

Soon, your browser will redirect you to the completed video (or you'll be sent a link by e-mail), where you can view your final production.

As you watch it for the very first time, you'll really feel yourself connect with the video – the powerful, personal message that each affirmation holds, the relevance of every image and the story behind it, the emotional charge within this specific piece of music.

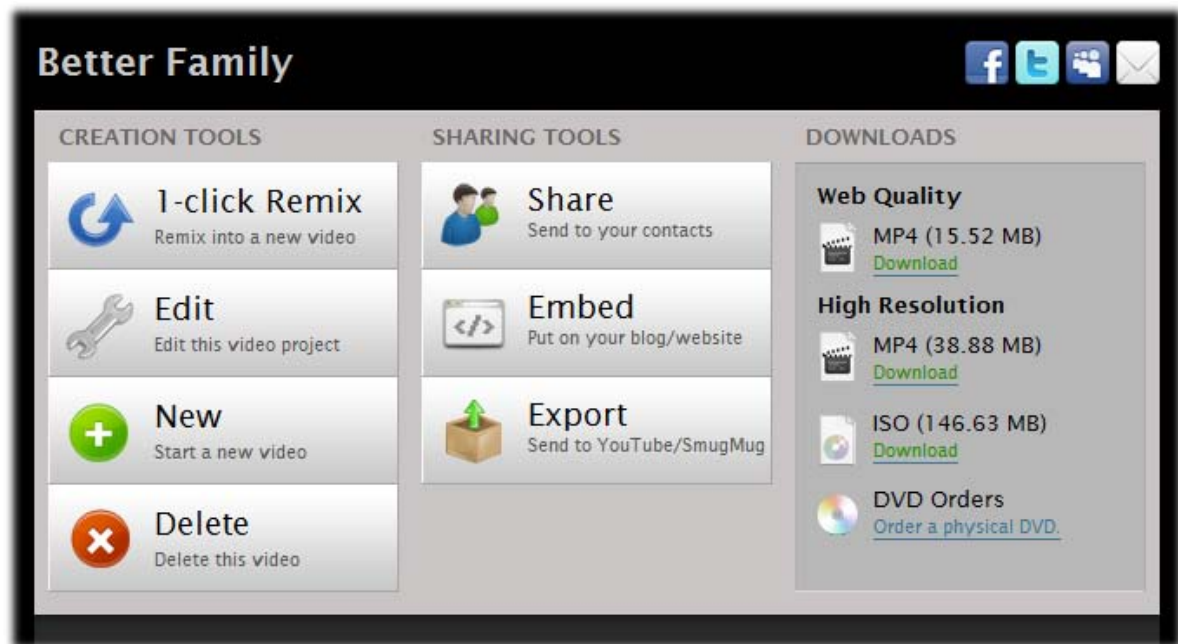
You'll start to feel the Law of Attraction at work – and manifestation magnetism switched on full-strength!

This is your new Attraction Movie, and will become something that you use daily from this point forward. We'll talk more about how to use it in a short while.

In the meantime, you can click on the “Video Toolbox” button to continue working with the video. Here you can perform a “1-click Remix” to automatically recreate the video, if you're not totally happy with the mix. You can also “Edit” the video to fix any issues you've noticed.

More importantly, you can “Export” the video directly to your YouTube account – which will not only help you to commit to your goals, it’ll also inspire others *and* potentially give you the chance to win \$1000. (More on that later!)

Finally, you can “Download” and play the Web quality version of your video, which will probably weigh in at around 15MB. This MP4 file can also be uploaded to YouTube, or transferred to your iTunes library for watching on your iPhone or iPod, or viewed on another video playing device.



Steps Six & Seven - How To Use Your Attraction Movie

This is the where the magic begins!

To get started, just download your movie from the Animoto website – and play it directly on your computer. You may need a free video player, such as the QuickTime Player from Apple.

For best results, you should watch your Attraction Movie at least once a day. Preferably once in the morning - and, if possible, once in the early evening also.

You can also upload your Attraction Movie directly to YouTube, e-mail it, embed it on your blog or website, and so on.

Watch it whenever you've got time, to reinforce your goals and remind you exactly what it is you're trying to attract into your life.

And don't forget to emotionalize your movie. Emotions enable you to feel what it will be like when you finally get the thing you want. They help you get inside your movie and see the future you, getting you pumped, enthusiastic, excited, and spilling over with anticipation.

One of the reasons you're able to attract the things you want into your life is because you're aware of how those things will make you feel. The more emotion you attach to your movie, and the more you watch your movie, the more connected you'll feel with the things you're attracting.

We'll discuss "emotionalizing" your movie a little more later.

Remember also to share your Attraction Movie with as many people as possible. You'll attract more friends and like-minded people, and you'll help to shed outdated beliefs and attitudes from the past.

That's step six... *using* your Attraction Movie to gain true results.

Get to it!

And step seven is brief: At the end of three months, review your movie and see if it still represents your goals. If not, revise or revamp it to keep it as powerful as possible.

Now, let's leave the main steps – and discuss *emotionalizing* a little more, and how you can use this process to really add charge to your Attraction Movies.

Emotionalizing Your Attraction Movie

You are the product of the past, of being told what to do and how to behave.

In the first 5 years or so of your life you don't question it. You're told how to eat. You're told what to wear. You're told when to go to sleep. When to speak and when to keep quiet. How to be happy with what you've got. Why it's not a good idea to dream, because dreams won't come true.

But the people telling you these things are adults. They've lost their ability to dream, to imagine, to see beyond tomorrow or the end of the week. To them, life is a chore and you get rooted into a routine. You can't simply go anywhere you like, because you can't afford it. You can't have the perfect relationship, because you don't deserve it. You get what you get and you should be happy with it.

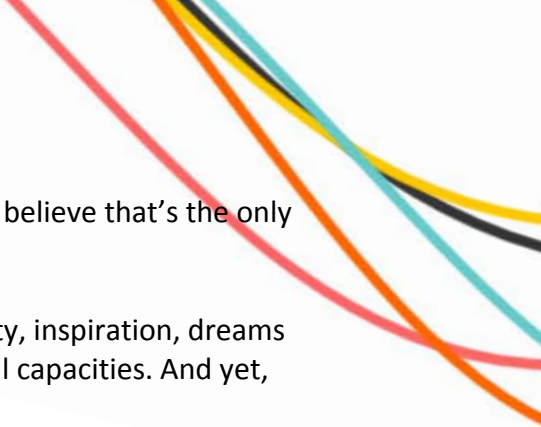
When they tell you all these things over and over, they get locked into your mind. They filter down into the subconscious and sit there. You don't think you deserve any more than the next person, so your subconscious doesn't try to help you improve. You don't feel worthy of a bigger house, a better car, the ideal relationship. You don't feel like you deserve to get your book published, to have your music performed, to land a fantastic job. But the only thing stopping you is the way you feel about it. And the way you feel about it is controlled by the subconscious.

The conscious mind accounts for about 10% of your overall mental power. When you're young, your conscious mind is still developing. You take everything into your subconscious, because at this stage you're learning it all from scratch. Whatever the people around you tell you becomes your reality. Teachers, parents, siblings, grandparents, uncles, aunts, neighbors, doctors, members of the church; they all have something to say about the way you should think, act, and behave. And because you're "new" to the world, you accept it as fact.

You can't just hop on a plane and go to Egypt whenever you want to, because you can't afford to. You can't paint the side of your house with a fantastic mural, because what will the neighbors think? You can't become the President or the Prime Minister because you don't go to the right schools, don't know the right people, don't have the right accent, aren't clever enough, and so on.

Young people dream. They imagine things. They see the world as a place of possibilities. But after being told over and over that you can't do this, or that costs too much, or this idea is just silly nonsense, they stop dreaming. They give up imagining the possibilities because they've been told time and time again that such things are impossible, mere fantasies, and dreaming about them won't change the facts. They'll only end up feeling disappointed when their dreams don't come true.

Again, they've been told such things by adults. These adults have lost their capacity for dreaming, for imagining a better life. They've learned to rationalize their



environment and to rely on the conscious world because they believe that's the only one that matters to them on a daily basis. But they're wrong.

The subconscious mind, the place where imagination, creativity, inspiration, dreams and possibilities exist, occupies a staggering 90% of our mental capacities. And yet, as grown-ups, we hardly ever use any of that potential!

The truth is that adults suppress their emotions. They might be disappointed because their dreams haven't materialized the way they'd hoped. Better to just quash those dreams altogether and get on with the business of living. That way, you don't have to admit you're a failure or be weighed down by the constant feeling that you haven't achieved everything you could.

However, these feelings don't just sit there in the subconscious mind. They become a part of who and what we are and they translate into how we live our lives.

We have an image of ourselves, an idea about what we can expect from life, and we lack the courage or self-belief to move beyond that image. We're unable to attract better things into our lives because we don't feel like we deserve them; we don't give out the vibes that would help us become richer, happier, healthier or more successful. We still have emotions about how it would feel to be wealthier, in better shape, in the perfect relationship, but we bottle these emotions up for fear that they will never be realized.

Turn Dreams Into Reality

That's why making your own Attraction Movie can be so useful, and why it's so important to emotionalize it with all the strength and intensity you can muster.

It gives you the tools to take your dreams and goals out of the realm of the impossible and place them firmly in front of your eyes. It gives you the power to dare to dream, to pull your deepest desires out of the subconscious mind and make them visible to you. It gives you the ability to picture the kind of life you could be living and the means to realize that life.

Emotions have been called the "engine of life." That makes sense, because just think how dull your life would be if you never felt joy, anxiety, fear, stress, delight, happiness, anticipation, love, contentment, affection, surprise, optimism, pride, lust, satisfaction, tranquility, awe, excitement or inspiration. You'd be nothing but a hollow shell, existing day to day in a meaningless void, just waiting for your time to run out. But that isn't how our lives evolve.

We sing in the shower, dance at weddings, watch in wonder as a storm passes overhead; we're thrilled when someone buys us a gift or sends us a card when we're not expecting it; we laugh, cry, yell, whisper; we get excited at the prospect of a new job, a new child or grandchild, filled with anticipation, worry, hope, joy, amazement and gratitude. We have the capacity to express ourselves in a way that's unique

among all the living things on the planet. We are emotional beings, and those very emotions are the things that give our lives meaning.

Now just think what would happen if your formative years were different. If you'd grown up being told there was more than one way to do something, that your life isn't a predetermined path, that you can do anything you want to do, that the sky isn't the limit and that there are no limits once you put your mind to something. How do you think that would have affected the way your life has turned out?

Let's take it a step further.

We know that the things we believe are a result of everything we've heard, seen and learned over the years. We've been constantly reminded of the "correct" ways to act, to think, to speak and to behave. They've been drummed into us over and over again until we think it's pointless to do otherwise. As a result, we've lost the child-like attitude that allows for curiosity, for adventure, for not knowing what will happen if we do this thing or that thing.

All this repetitive information gets stored in your subconscious. As far as it's concerned, this is what you believe. Because it obeys your commands, it sets up filters to help you cope with life. It knows, for example, that you don't think you should speak up at company meetings. No-one ever listens, so why should you bother?

It knows that you don't cry when it feels natural to do so. Why should you, when other people will think you're weak?

It knows that you don't truly believe the work you do is worth any more money than you're being paid. How could it be, when the company pays every employee the same amount?

Can you see what's happening? Your subconscious uses the things you *believe to be true* to protect you from making "mistakes" – not REAL mistakes, but things you FEEL are mistakes. It sets up filters to shield you from the unexpected, to keep you from letting your guard down, to make your life simpler and less stressful.

It does what it thinks you want it to do. It takes the attitudes that have been ingrained in you over the years and reacts to them accordingly. It attracts the things into your life that it believes you want it to attract.

It sends out signals, or vibes, or energy that attracts back to you exactly what you send out. How could you be richer, when you don't feel like you're worth any more money? How could you be successful, when you're afraid to speak up and let your opinions be heard? How could you be happy, when you're worried about showing other people the way you truly feel?

The Key To Success

Your subconscious mind is your biggest best friend. It holds the key to your happiness, and all you have to do is find a way to unlock it. One of the easiest ways to do that is with emotions.

When you create your Attraction Movie, think carefully about how you'll feel when you get the thing you want in your life. How will that shiny new sports car change your attitude? Will you be happy? Will you be proud? Will you be excited every time you take it out for a spin? Will your smile stretch from ear to ear whenever someone compliments you on it?

Perhaps you want a better job, one that gives you a sense of satisfaction or one that you think makes a difference in the world. Or maybe you just want to be rewarded more for the amount of work you do. How will it feel when you get that job at last? Will you be pleased? Will you feel valued? Will your colleagues have more respect for you? Will you finally be able to make the kind of contribution you feel you should? Will work become a more exciting, vibrant place to be?

Whatever you want to attract to yourself will have some emotional significance to you. Getting it will make you FEEL something, whether that's happiness, confidence, pleasure, satisfaction, love, or whatever. The feeling it arouses in you tells you just how important that thing is to you. And that's why you have to include emotional elements in your Attraction Movie.

You think your thoughts; they get picked up by the subconscious, and sent as energy down into your body. You act on that energy and your actions determine your "life picture" – the way you live your life. If your thoughts are always negative, restricting, tempered and partially suppressed, then that's the kind of life you're going to have. If your thoughts are positive, broad, intense and open to all possibilities, then you'll be giving yourself the chance to live a life full of adventure, excitement, anticipation, and ultimate satisfaction.

Emotions are often tied to the senses. We have five senses available to us, plus a sixth sense that warns us of danger, gives us gut feelings, provides instinct and intuition. Most of the time we rely on our sense of sight to understand the world around us. So when we "see" or visualize what our life will be like, we send a mental image into our brains. We think about that image and attach an emotion to it. It goes through the subconscious mind, where the emotion gets translated into energy and sent out to the rest of the body. Then we send out vibes that correspond to how we feel about the image, attracting energy back to us in equal proportion and quality to the energy we've sent out.

That's the real truth behind the Law of Attraction. You get back what you send out. If you want to attract happiness, you have to send out happiness. You have to find a way of including as much happiness in your Attraction Movie as you can, either by way of images, song lyrics, poetry, smiling faces, or whatever works for you. By

watching your movie over and over again you'll eventually replace those older beliefs and feelings with new ones. If repetition worked when you were younger, then there's every reason to believe that it will work now.

Remember that your subconscious is worth an incredible 90% of your mental power. Imagine the energy that that's going to send out when you attach a strong set of emotions to it. Try to see yourself INSIDE your Attraction Movie, the future you, the you that KNOWS it can get everything it wants with the right attitude, the right approach, and the right emotional attachments.

Get Emotional

Feel what it will be like when you take the holiday of your dreams, when you have all the money you ever wanted, when your love life is packed with excitement and passion, when you move into your dream house on the beach. You're pumped, thrilled, tickled, your body's tingling with emotional power, the sensations coursing through your veins and really lighting a fire in your belly. THAT'S the kind of life you want, the kind of life you deserve, and the kind of life you can have.

You're so happy you could cry, you're ecstatic, you want to shout out and say "look what I've done." You're attracting all the things you want into your life because you know how they'll make you feel. You're connecting with them on an emotional level, getting them really under your skin and believing in their possibility. And your "life picture" is changing to help you accomplish everything you want to achieve.

All your desire and yearning is focused on the things you want to have in your life. You feel the power of your mind helping you build a better future, your subconscious working with you to send out the kind of energy that brings you everything you want. You're able to attract the right things into your life because you understand how those things will make you feel. And the more you watch your Attraction Movie, the more emotionally connected you'll be with those things.

You can boost your emotional attachment by sharing your Attraction Movie with friends, colleagues, family, or anyone else that might be interested. Each one of these people has his or her own emotional power, and when they view your movie their subconscious will become part of the energy circle. You'll attract more friends, colleagues, potential partners, and like-minded individuals into your life. You might even discover how other people have used their own Attraction Movies to turn their lives around. Or you might help another person realize that they can fulfill their dreams if they want to.

Sharing your movie will also help you blast away those attitudes and beliefs that were instilled into you as a youngster. You'll realize that you have the right to live the life you want to live and, what's more, you're not afraid to show it. You're excited at the prospect, in fact, because you know that some of the feedback you get will actually help you achieve what you want to achieve.

You are the product of the past, but the past is over. The future is where you're heading, and you have the right to make that future as bright and prosperous as anyone else.

Leave the past behind you, create your Attraction Movie and attach as much emotion to it as you possibly can. Watch your movie over and over, when you're at home, when you're at work, when you're on the move or on holiday. Put it on your iPod, your cell phone, your PC, and watch it whenever you have a few free minutes.

Then, just watch how much amazingly better your life becomes.



CONCLUSION

Shakespeare's Hamlet speaks the following lines in the play of the same name:

*There are more things in heaven and earth, Horatio,
Than are dreamt of in your philosophy.*

In other words, your philosophy, beliefs, and attitudes can limit your experiences. They can prevent you from seeing opportunities. They can keep you from realizing your goals, from getting everything you deserve, and from living the kind of life you were meant to live.

But only if you let them.

The **Attract Studio** course gives you the means to brush old beliefs aside and open your mind to a whole new world of possibilities. It combines the power of visualization with the potential of the Law of Attraction in a way that makes it easy to focus on your dreams – and make them come true.

Whatever you want, you can have it. You can attract it into your life. You can see yourself with it and feel what it's like to have it. You can unleash your manifesting magnetism by creating your own Attraction Movie, helping to bring your dreams one step closer to reality, taking them out of the realms of fantasy and placing them firmly in the here and now, right in front of your eyes.

That's the power of **Attract Studio**. It shows you how to turn an ordinary life into an extraordinary one, simply by wanting to do it and following the magic formula. It's fun; it's easy; it's a revolutionary way to tap into the energy of the universe and make that energy work for you.

You are unique. You're one of a kind. You have the power to be whatever you want to be, to do whatever you want to do, and to live whatever lifestyle you choose. And once you truly see the possibilities, you can harness that power to create a life full of happiness, success, riches, friendships, and anything else your heart desires.

Thank you for working through the **Attract Studio** course, and here's hoping that all of your dreams come true!